

The Road Less Traveled

Week's

We sometimes forget we are in a relatively large metropolitan area. It is easy to get into sort of a rut and rely on the same old-same old for everything ... especially restaurants. I'm as guilty of this as anyone. I became blindingly

RESTAURANT REVIEW

aware of this last week when I drove out to Rio Rancho for a long overdue visit to Week's.

I should have known in the first place that Week's would be more than worth the drive. Doug Weckerly, the owner of the establishment in question, has quite a reputation around Albuquerque—a good one. For the last four years, he's had his own place and let me tell you, its only gotten better.

All of the food at Week's is made from scratch and prepared with great care, from the breakfast fare, including red and green chile or muffins to lunch selections including soup, sandwiches, New Mexican dishes and more.

One of the most popular items for breakfast are the various "papas" dishes—a mountain of fresh homemade hashbrowns with red or green chile, cheese and two eggs prepared to order. The "papas" topping-choices include "The Original," with bacon, ham and sausage (\$4.50), Carne Adovada (\$4.50), Carnitas (\$4.50), Polio, which is a spiced chicken in Week's special sauce (\$4.50) and Veggie, which contains sautéed mushrooms, bell peppers, onions and tomatoes (\$4.50). Week's also offers several types of breakfast burritos (\$3.50), omelettes (\$4.50), huevos rancheros (\$4.50), pancakes (\$2.50-\$3.25) and French toast (\$2.50-\$3.25)—to name a few. And ... joy of joys! For an additional 50 cents, Week's offers the Egg Beater (No fat or cholesterol!) option, which I am a huge fan of.

If you cannot make it for breakfast by 11 a.m. on the weekdays or noon on Saturday, there is always lunch! Again there are heaps of choices, from sandwiches, melts and burgers to quesadillas to New Mexican dishes, salads and soup.

If a Monte Cristo and a Club Sandwich had a baby in New Mexico it would be a Week's French Toasted (\$4.95) with its thick French bread dipped in a sweet egg batter, sprinkled lightly with parmesan cheese then griddled with cheddar, Swiss, turkey breast, ham, bacon, green chile, lettuce and tomato. I found it to be a beautiful, original and delicious. Try one today! It also comes with fresh homemade potato chips.

Chicken," a char-broiled chicken breast with cream cheese, sunflower seeds, cucumber, guacamole, sprouts and tomato on toasted whole wheat served with fresh homemade potato chips (\$4.50), and "Healthy Grilled Cheese," a hearty combination of cheddar, Swiss, mozzarella, parmesan, sliced apples, red onion, guacamole, lettuce and tomatoes on griddled whole wheat served with a dinner salad (\$4.75).

Week's has created these amazing sandwiches filled with yummy stuff like hamburger patties, ham, turkey and bacon or vegetables topped with sautéed mushrooms, onions and bell peppers, green chile, etc. The melts are topped with different kinds of cheeses and served on rye or sourdough (\$4.50-\$4.95).

Then there are burgers! From the "Week's Burger," a basic hamburger that is Week's signature burger to the "Teriyaki Burger," with crushed pineapple and Swiss cheese, they are all six ounces of lean ground beef, served on a toasted bun

with lettuce, tomatoes, red onion, pickles and fresh homemade crinkle cut french fries (\$3.75-\$4.25).

Quesadillas are super cool and amazing at Week's too. Variations on the cheese and tortilla dish include those filled with turkey, bacon and green chile (\$4.95), roast beef with onion, bell pepper and green chile (\$4.95), bell peppers, carrots, black olives, cucumbers, tomatoes, sunflower seeds, almonds and green chile (\$4.75) and one with corned beef, pastrami, onion and green chile (\$4.95). The quesadillas come with garnish, guacamole, sour cream and salsa.

The New Mexican dishes include burritos made with carne adovada, chicken, turkey or steak (\$5.25) and chicken or carne adovada enchiladas (\$5.25). They are served with hashbrowns, lettuce, tomatoes, guacamole and sour cream with red or green chile.

There is an array of tempting salads (\$5.50) to satisfy any hungry greens lover. There is also a children's menu (\$2.50-\$3.95) with fun choices for those folks 12 and under. Week's caters. Week's does business meetings and special events. Week's does take out and office delivery. Week's does it all and you'll be glad that they do!

Week's for Breakfast and Lunch ' 7200 Montgomery NE Suite A2/3 ' 881-0019 • 1690 Rio Rancho Drive • 896-1411 (Rio Rancho) • Cash • Checks • No Booze ' Smoking before 9 a.m.

—Sammy Serena A

